

# FORTNUM & MASON

EST 1707

## A picnic of *delicious* proportions awaits

HERE'S WHAT'S INSIDE...

### THE FORTNUM'S PICNIC

#### STARTER

Smoked Trout with Black Garlic Crème Fraîche,  
Capers & Soda Bread 444kcal

Contains: Wheat, Milk, Egg, Fish

#### MAIN

Honey Mustard Chicken with  
Grilled Asparagus 69kcal

Contains: Mustard

Potato Salad with Green Beans,  
Silverskin Onions & Cornichons 340kcal

Contains: Mustard, Sulphites

Fennel & Citrus Salad 84kcal

#### PUDDING

Elderflower Jelly with Fresh Berries 75kcal

#### CHEESE

British Cheese Plate,  
Fig & Fennel Chutney,  
Grapes & Crackers 266kcal\*

Contains: Milk, Sulphites

*Made in a kitchen which handles all allergens.*

*Adults need around 2000 kcal per day. \*Calories per portion.*

*This dish contains two portions.*

*All items are subject to availability.*

#### IDEAL FOR TWO PEOPLE

Please consume your picnic within 24 hours of receipt. Should you have any leftovers please refrigerate. Our products are made in an environment where allergens are present, resulting in a risk of cross contamination. For more information about specific allergens, please speak to a member of staff.

#### DISPOSAL GUIDE

Once you've enjoyed your delicious Fortnum's picnic, please kindly reuse, recycle and dispose of your items according to our guidelines below:

#### REUSE

Wicker or Cool Bag  
Wine Glasses  
Cutlery

#### RECYCLE

Glass Bottles  
Food Packaging Lids

#### COMMERCIALY COMPOST

Food Packaging Sugarcane Bases  
Napkins

Reuse remains at the core of our principles, and our packaging is made to reduce the impact on the environment.

By following this guide, you're also helping us protect our planet – so thank you! May there be many more Fortnum's picnics to come.

Hungry for more? No one would blame you, on account of our picnics being so delicious. Get in touch with our Concierge team, your personal account managers at Fortnum & Mason. Practically genie-like in their ability to make even the most impossible wish a reality, no ask is too big, no question too small, and no request too complicated for our experts, [concierge@fortnumandmason.com](mailto:concierge@fortnumandmason.com)

### THE FORTNUM'S PICNIC INGREDIENTS

#### STARTER

Smoked Trout with Black Garlic Crème Fraîche, Capers & Soda Bread  
INGREDIENTS: Cod (Fish), Bread (Buttermilk (Milk), Wholemeal Wheat Flour, Water, Wheat Bran, Whole Egg, Black Treacle, Salt, Raising Agent: E500(ii)), Capers (Salt, Grape Vinegar), Lemon, Black Garlic Crème Fraîche (Soft Cheese, (Milk), Crème Fraîche (Milk), black Garlic, Salt).

#### MAIN

Honey Mustard Chicken with Grilled Asparagus  
INGREDIENTS: Salad (Baby Gem, Sundried Tomatoes (Sunflower Oil, Salt, Garlic, Parsley, Pepper, Basil, White Wine Vinegar), Honey Mustard Marinated Chicken (Honey, Mustard, Chicken Fillet, Lemon Juice, Chilli Flake, Salt).

Potato Salad with Green Beans, Silverskin Onions & Cornichons  
INGREDIENTS: Potatoes, Pickled Silverskin Onion (Salt, Sulphites), Red Pepper, Green Beans, Gherkins (Spirit Vinegar, Glucose-Fructose Syrup, Dill, Mustard Seed, Red Pepper, Onions, Salt, Sugar, Natural Flavouring), Capers (Salt, Grape Vinegar), Parsley, Dill, Gherkin Dressing (Rapeseed Oil, Gherkins (Spirit Vinegar, Glucose-Fructose Syrup, Dill, Mustard Seed, Red Pepper, Onions, Salt, Sugar, Natural Flavouring), Lemon Juice, Salt, Ground White Pepper.

#### Fennel & Citrus Salad

INGREDIENTS: Romain Lettuce, Fennel, Cucumber, Green Peas, Orange Segment, Dill, Spring Onion, Lemon Oil Vinaigrette (Extra Virgin Olive Oil, Fresh Lemon, Lemon Juice, Garlic, Ground White Pepper, Salt).

#### PUDDING

Elderflower Jelly with Fresh Berries  
INGREDIENTS: Water, Elderflower Cordial (Sugar, Water, Fresh Elderflowers 8%, Fresh Lemon Juice, Acidity Regulator: Citric Acid), Sugar, Strawberries, Fruit Pectin.

#### CHEESE

British Cheese Plate, Fig & Fennel Chutney, Grapes & Crackers  
INGREDIENTS: White & Red Grapes, Multiseed And Pepper Cracker (Buttermilk (Milk), Gluten Free Flour (Rice, Potato, Maize, Buckwheat, Tapioca), Multiseeds 26% (Sunflower Seeds, Pumpkin Seeds, Linseeds), Cracked Black Pepper 1%, Brown Sugar, Treacle, Raising Agent (Mono Calcium Phosphate, Sodium Bicarbonate), Stabiliser: Xanthan Gum, Salt), Apricot, Date & Sunflower Seed Cracker (Buttermilk (Milk), Gluten Free Flour (Rice, Potato, Maize, Buckwheat, Tapioca), Apricots 8% (Rice Flour, Sulphites), Dates 8% (Rice Flour), Sunflower Seeds 8%, Brown Sugar, Treacle, Raising Agent (Mono Calcium Phosphate, Sodium Bicarbonate), Stabiliser: Xanthan Gum, Salt), Waterloo Wedges Cheese (Milk), Cashel Blue Cheese (Milk), Barber Cheddar Cheese (Milk), Fig & Fennel Chutney (Figs (24%) (Figs, Rice Flour), Spiced Vinegar (Cider Vinegar, Cloves, Allspice, Black Peppercorns, Cinnamon), Muscovado Sugar, Raw Cane Sugar, Bramley Apples, Water, Balsamic Vinegar (Red Wine Vinegar, Concentrated Grape Must), Fennel Seeds, Red Chillies, Ground Cinnamon).

ALLERGY ADVICE: For allergens, see ingredients in **Bold** above.