# FOOD

From breakfast delights to leisurely lunches, and everything in between, The Parlour provides.

#### BREAKFAST Available until 12pm Monday to Saturday

Banana & Raspberry Smoothie 138 kcal	£5.75
Scrambled Eggs 840 / 698 kcal with Smoked Salmon / Avocado	£21.50 / £15.50
Suffolk Bacon Sandwich 709 kcal with Fortnum's 181 Sauce	£9.50
Avocado on Wholemeal Toast 424 $\ensuremath{kcal}$ with Soft Herbs	£12.50
French Toast 483 kcal with Rhubarb and Vanilla	£13.50
Wild Mushrooms on Toast 279 kcal	£12.75
Toasted Crumpets 190 kcal with Strawberry Jam	£7.50
Selection of Pastries 373 / 326 / 326 kcal Croissant / Pain au Chocolat / Cinnamon Bun	£5.25 each

#### SAVOURY Available from 12pm

Welsh / Elegant Rarebit 519 / 711 kcal	£11.50 / £12.50
Fortnum's Classic Scotch Egg 430 kcal with Piccalilli	£11.50
Nutbourne Tomato Open Sandwich 307 kc on Focaccia Bread with Basil	al <b>£13.25</b>
Asparagus 488 kcal with Sauce Gribiche	£18.50
Heritage Beetroot & Chicory Salad 248 kca with Shallot Dressing	al £14.50
Smoked Chicken Salad 482 kcal with Cos Lettuce and Tarragon Salad Cream	£19.75
Lancashire Cheese & Spinach Tart 438 kca with Watercress	£14.25
Slow Cooked Lamb Pie 758 kcal with Mashed Potato	£21.50
Shrimp Burger 454 kcal with Pickled Cucumber	£19.75

### CAKES & TARTS

Carrot Cake <sup>(N)</sup> 658 kcal		£8.50
White Chocolate & Raspberry Ca	<b>ke</b> 921 kcal	£8.50
Chocolate Brownie 221 kcal		£8.50
Pistachio Bakewell 396 kcal		£8.50
Nutmeg Custard Tart 542 kcal	0	£8.50
Homemade Scones 449 kcal with Jam and Clotted Cream	0	£8.75

# PARLOUR TEA

## MORNING

10am - 12pm | **£17.95** per person

Enjoy one dish of your choice...

Welsh Rarebit 519 kcal

Scrambled Eggs 698 kcal with Avocado

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Bacon Sandwich 709 kcal

Served with

A glass of Apple or Orange Juice 93 kcal / 162 kcal

And

A Pot of Fortnum's Tea or Coffee 1kcal/57kcal

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Black 1 kcal	£5.95
Breakfast Blend, Afternoon Blend, Queen Anne, Royal Blend, Earl Grey, Countess Grey, Victoria Grey, Smoky Earl Grey, Decaf Royal Blend	
Green 1 kcal Sencha, Jasmine Pearls, Genmaicha, Moroccan Mint,	£5.95
Gunpowder	
Infusions 1 kcal English Mint, Knickerbocker Glory, Rooibos & Honey, Mango & Yuzu	£5.95

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Whole Milk/Semi Skimmed/Skimmed/Oat/Almond N/Soya 63/46/34/43/22/43 kcal



### SWEET TREAT

All Day | £22.50 per person

Enjoy a glass of ... Fortnum's Blanc de Blancs Champagne Paired with a cake or tart of your choice...

Carrot Cake 658 kcal

White Chocolate & Raspberry Cake 921 kcal

Chocolate Brownie 221 kcal

Pistachio Bakewell 396 kcal

Nutmeg Custard Tart 542 kcal

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Homemade Scones 449 kcal with Jam and Clotted Cream

### AFTERNOON

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12pm - close | £27.50 per person

#### Enjoy one dish of your choice...

Asparagus 488 kcal with Sauce Gribiche

Shrimp Burger 454 kcal

Smoked Chicken Salad 482 kcal

Before satisfying your sweet tooth...

Homemade Scones 449 kcal with Jam and Clotted Cream

Served with

A Pot of Fortnum's Tea or Coffee 1 kcal / 57 kcal

### COFFEE

Single/I	Double Espr	<b>esso</b> 12/24 kcal	£4.25/£4.95
Macchia	ato 34 kcal		£4.25
America	<b>ano</b> 24 kcal		£5.50
Cappuc	cino/Latte/F	Flat White 103/118/87 kcal	£5.50
Semi Skimn	re served with W ned/Skimmed/Oa 13/22/43 kcal	/hole Milk at/Almond ™/Soya availible on	request
OLA	ΤE	$\nabla$ $\vee$ $\checkmark$	
kcal	£5.95		0

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HOT CHOC

Served with Whipped Cream and Chocolate Shavings 73/22 kcal

#### N – Contains Nuts

Adults need around 2000 kcal per day. Our products are made in an environment where allergens are present, resulting in a risk of cross contamination. Bread made without gluten is available upon request. For more information about a specific allergen, please speak to a member of staff. A discretionary 12.5% service charge will be added to all restaurant bills. All prices include Value Added Tax at the prevailing rate. 20250415V001

# DRINKS

Quench your thirst and wet your whistle with a well-chilled glass of something refreshing.

FORTNU	JM	'S
SPARKLING	&	WINE

SPARKLING	125ml	Bottle
Blanc de Blancs Champagne Hostomme, NV	£18.50	£99.00
Prosecco DOCG Zucchetto, NV	£11.50	£62.00
Brut Rosé by Gusbourne Kent, 2018	£15.75	£85.00
Sparkling Tea 15 kcal 0% ABV Certified Organic blend of eight of our Famous and Rare Blend Teas	£7.95	£42.00
WINE	175ml	Bottle
Vinho Verde Adega de Monaco, Portugal 2023	£9.75	£37.00
<b>Côtes du Rhône</b> André Brunel, France 2022	£10.75	£39.00
English Rosé	£14.25	£50.00

Folc, England 2023

#### FORTNUM'S BEER & CIDER

English Pilsner, Westerham Brewery 4.9% ABV 330ml	£5.50
Devon Vintage Cider, South Hams Brewery 5.5% ABV 500ml	£6.75

#### SOFT & ICED DRINKS

Freshly Squeezed Orange Juice 162 kcal	£5.50
Apple Juice 93 kcal	£5.50
Fresh Lemonade 136 kcal	£5.50
Mineral Water Still/Sparkling 330/750ml	£3.95/£5.95
Coca-Cola/Diet Coke 139/1 kcal	£5.00
Punchy Blood Orange, Bitters and Cardamom 63 kcal	£5.00
Fortnum's Mango & Yuzu Iced Tea 1 kcal Served with Honey Syrup 86 kcal	£5.95
Fortnum's Peach Black Iced Tea 1 kcal Served with Honey Syrup 86 kcal	£5.95
Iced Latte 150 kcal	£5.50
Iced Americano 25 kcal	£5.50