

MORNINGS

Available until 11.45am Monday to Saturday

Smoothie ^(V) 800 kcal Apple, Avocado, Spinach and Coconut Water	£5.75
Croissant ^(V,G) 416 kcal	£3.50
Pain Au Chocolat ^(V,G) 317 kcal	£3.50
Pain Aux Raisins ^(V,G) 309 kcal	£4.50
Maple Cured Bacon Sandwich ^{(G)*} 709 kcal with Fortnum's 181 Sauce	£8.50
Caramelised Apple Pancake ^(V,G) 574 kcal with Crème Fraîche	£9.75
Avocado and Chilli on Toast* ^(V,G) 833 kcal with Sundried Tomatoes and Pepper	£12.75
Scrambled Eggs on Toast* ^(V,G) 457 kcal	£7.75
Add Maple Cured Bacon ^(G) 125 kcal	£4.00
Add Cumberland Sausage ^(G) 185 kcal	£4.00

* Bread made without gluten is available upon request

SAVOURY

Available from 11.45am

Welsh ^(G) / Elegant ^(G) Rarebit 564 / 609 kcal	£10.25 / £11.25
Highland Scramble ^{(G)*} 541 kcal Smoked Salmon and Scrambled Eggs on Toasted Sourdough	£18.50
Soup of the Day	£8.50
Chicken Club Sandwich ^{(G)*} 776 kcal with Tomato Relish	£14.25
Smoked Kames Bay Trout Salad 214 kcal with Pickled Radish	£13.75
Beetroot, Pink Grapefruit and Chicory Salad ^(VE,G) 405 kcal	£12.50
Classic Scotch Egg ^(G) 497 kcal with Piccalilli	£9.95
Cropwell Bishop Stilton and Broccoli Tart ^(N,G) 567 kcal with Braeburn Apple and Watercress	£13.25
Cotswold Chicken and Leek Pie ^(G) 1080 kcal	£15.75

* Bread made without gluten is available upon request

CAKES

Rose and Pistachio ^(V,N,G) 631 kcal	£7.50
Guanaja Chocolate Tart ^(V) 677 kcal with Vanilla Ice Cream	£7.50
Hummingbird ^(V,N,G) 744 kcal	£7.50
Homemade Duo of Scones ^(V,G) 600 kcal with Strawberry Preserve and Clotted Cream	£7.75

BUILD YOUR OWN SUPER SUNDAE

Choose your scoops, add a little sauce and sprinkle with delicious toppings to make your very own Super Sundae. Spoons at the ready, Sundae is served...

1. ICE CREAM, SOFT SERVE OR SORBET?

Two Scoops £7.75 / Three Scoops £9.75

Banana Split ^(V) 210 kcal, **Blackberry Fool** ^(V) 180 kcal, **Black Forest** ^(V) 158 kcal, **Coffee** ^(V) 157 kcal, **Double Chocolate** ^(V) 187 kcal, **Dulce de Leche** ^(V) 174 kcal, **Fior di Latte** ^(V) 215 kcal, **Ginger Snap** ^(V,G) 185 kcal, **Hazelnut** ^(V,N) 181 kcal, **Salted Caramel** ^(VE,G) 165 kcal, **Sticky Toffee Pudding** ^(V) 191 kcal, **Strawberry** ^(VE,G) 77 kcal, **Tiramisu** ^(V,G) 160 kcal, **Tropical Coconut** ^(VE) 138 kcal, **Rum and Raisin** ^(V) 196 kcal, **Vanilla** ^(V) 190 kcal, **Blackcurrant Sorbet** ^(VE) 97 kcal, **Lemon Sorbet** ^(VE) 97 kcal, **Mandarin Sorbet** ^(VE) 97 kcal, **Raspberry Sorbet** ^(VE) 97 kcal

2. SAUCE, ANYONE?

£0.50 Each

Double Chocolate ^(V) 104 kcal, **Vegan Chocolate** ^(VE) 102 kcal, **Salted Caramel** ^(V) 82 kcal, **Passionfruit** ^(VE) 11 kcal, **Raspberry** ^(VE) 22 kcal, **Strawberry** ^(VE) 16 kcal

3. SHOW-STOPPING TOPPINGS

Our ice cream experts suggest choosing no more than four toppings. More than that and you'll struggle to finish...

£0.90 Each

Caramelised Popcorn ^(V) 68 kcal, **Chocolate Buttons** ^(V) 130 kcal, **Chocolate Crunch** ^(V,G) 83 kcal, **Pineapple** ^(VE) 12 kcal, **Raspberries** ^(VE) 4 kcal, **Honeycomb** ^(V) 42 kcal, **Chocolate Twister** ^(V) 33 kcal, **Mini Marshmallows** 33 kcal, **Mini Meringues** ^(V) 25 kcal, **Shortbread Finger** ^(V,G) 52 kcal

BADGE OF HONOUR

Don't forget to wear your Super Sundae badge next time you visit The Parlour – whether that's next week or in 90 years – as those wearing their badge with pride will get free toppings for all future Sundae creations!

COUPES

Chocolate and Orange ^(V) 433 kcal Chocolate Ice Cream, Mandarin Sorbet with Orange Segments and Chocolate Sauce	£9.25
Honey and Walnut ^(V,N) 499 kcal Salted Caramel and Dulce de Leche Ice Cream with Macerated Walnuts in Honey	£9.25

SHAKES & FLOATS

Classic Shake 114 kcal + Ice Cream kcal Two Scoops of Ice Cream with Organic Milk	£8.25
Lemonade Float ^(VE) 120 kcal Lemon Sorbet and Lemonade	£7.95
Cherry Cola Float ^(V) 262 kcal Vanilla Ice Cream and Cherry Cola	£8.25

SUNDAES

Triple Chocolate ^(V,G) 938 kcal Chocolate and Fior de Latte Ice Cream with Fudge and Chocolate Sauce	£13.50
Sticky Toffee ^(V,G) 705 kcal Dulce de Leche and Vanilla Ice Cream, Sticky Toffee Cake and Sauce	£11.25
Knickerbocker Glory ^(V,G) 729 kcal Strawberry and Vanilla Ice Cream, Pineapple, Raspberries, Whipped Cream, Italian Meringue, Raspberry Coulis	£14.50
Banana Split ^(V,N) 783 kcal Vanilla and Chocolate Ice Cream, Caramelised Banana, Chocolate Sauce, Whipped Cream, Toasted Almonds, Maraschino Cherry	£13.75
The Original Dusty Road ^(V,N) 782 kcal Coffee and Chocolate Ice Cream, Toffee and Chocolate Sauces, Whipped Cream, Mocha Beans and Coffee Macaron	£13.75

PARLOUR TEA

Available from 11.45am
£22.95 per person

Enjoy one delicious dish of your choice...

Welsh ^(G) or **Elegant** ^(G) **Rarebit** 501 / 567 kcal

Classic Scotch Egg ^(G) 497 kcal
with Piccalilli

Avocado and Chilli on Toast ^(V,G) 833 kcal
with Sundried Tomatoes and Pepper

Before satisfying your sweet tooth...

Homemade Duo of Scones ^(V,G) 600 kcal
with Strawberry Preserve and Clotted Cream

Served with a Pot of Fortnum's Tea or Coffee 1 / 28 kcal

HOT CHOCOLATE BAR

Is there anything so deliciously decadent and wonderfully warming as a mug of Hot Chocolate? Choose your favourite, add your extras and float away on a sweet cloud of chocolate...

Milk ^(V), **Dark** ^(V), **Salted Caramel** ^(V) all 450 kcal

Served with Whipped Cream
and Chocolate Shavings 73 / 22 kcal

£5.95

PERFECT PAIRINGS

Why stop at the Hot Choc? Picked by our sweet-toothed experts, the indulgent treats below pair perfectly with a mug of magnificent cocoa.

Vanilla Cheesecake ^(V,G) 558 kcal A glorious cheesecake inspired by the Colombian tradition of eating cheese with hot chocolate. Maravillosa!	£6.50
Orange Madeleines ^(V,G) 142 kcal A wintry, orangey twist on ever-so-French Madeleine, these wonderful treats are très, très délicieux.	£5.25
Millionaire's Shortbread ^(V,G) 442 kcal A delicious, memory-evoking marriage of rich and indulgent fudge, chocolate and shortbread.	£5.50



DISCOVER THE
STORY OF OUR
KNICKERBOCKER
GLORY...



V – Vegetarian • VE – Vegan • N – Contains Nuts • G – Contains Gluten

Adults need around 2000 kcal per day. Our products are made in an environment where allergens are present, resulting in a risk of cross contamination. For more information about a specific allergen, please speak to a member of staff. A discretionary 12.5% service charge will be added to all restaurant bills. All prices include Value Added Tax at the prevailing rate. 20230203V2.0CG